

Lady Ethel Jane O'Brien Lady Inchiquin 1867-1940

# Please Ask your Gerver

#### Fresh Fruit Juices

Pressed apple, orange, pink grapefruit

#### **Breakfast Tonics**

Supergreen Detoxer Granny Smith, celery, spinach, cucumber (9)

Cranberry Crush
Cranberry, orange, passionfruit

Hibiscus Iced Tea
Cardamom, cinnamon, grapefruit & mint

Immunity Booster Carrot, orange, lemon, ginger, turmeric

Virgin bloody Mary
Tomato juice, Worcestershire sauce, Tabasco, celery salt (9)

#### Alternative Milks

Coconut milk, soya milk, almond milk, oat milk

# **Gluten Free Options**

Variety of Gluten Free Options Available
Please ask your server

From our Buffet

# **Breakfast Bakery**

Butter croissants, Danish pastries, fruit scones, Dromoland's pecan & banana bread, brown soda bread, brown & white toast (1,3,7,8)

#### Irish Farmhouse Cheeses

Hegarty's Cheddar, Gubbeen, Wicklow blue, St Kevin's brie, St Tola (7) From our Buffet

#### Irish Charcuterie Plate

Limerick ham, beef bresaola, pastrami, coppa salami, Gubbeen chorizo & pepper salami (12)

#### Potted Fruits, Seeds & Nuts

Dromoland Breakfast Smoothie Mixed berries, banana, almond milk, probiotic natural yoghurt (7,8)

Melon Cocktail
Honeydew, charentais, watermelon, mint, citrus

Mixed Berry Pot Strawberry, raspberry, blueberry, natural yoghurt, granola (1,7,8)

> Kiwi & Chia Seed Pudding Yoghurt, almonds (7,8,12)

Potted Prunes Banana crème fraiche, cinnamon, seeds (7,11)

Glenilen Farm
Mixed fruit & yoghurt pots (7)

### Fruit Selection

Classic fruit salad, fresh strawberries, pineapple, grapefruit segments, orange segments

# **Breakfast Cereals**

Classics

Special K, Muesli, Cornflakes, Weetabix, Bran Flakes, All-Bran, Rice Krispies, Granola (1,5,7,8)

> Overnight Oats Bircher muesli, Granny Smith, berries, buttermilk (1,5,7,8)

1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya Beans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide & Sulphates, 13-Lupin, 14-Molluscs



## **Breakfast Classics**

Traditional Irish Oatmeal Porridge Cranberry, nuts, estate honey (1,5, 8,12)

Kelkin Gluten Free Pure Oat Muesli Fruit, nuts (5,8,12)

Burren Smokehouse Plate Burren smoked salmon, mackerel, lemon, caper, Glenilen crème fraîche (4,7)

# **Breakfast Favourites**

Traditional Full Irish Breakfast

Two fried eggs, grilled back & streaky bacon,

Meere's plain pork sausages, Meere's black & white pudding,

grilled tomato, field mushroom, potato cake (1,3,7,12)

Warm Buttermilk Pancakes
Mixed berry compote, lemon, pure maple syrup (1,3,7)

Eggs Benedict
Poached eggs, Limerick ham, breakfast muffin,
hollandaise (1,3,7)

Cinnamon French Brioche Toast Mixed berry compote, cinnamon mascarpone (1,3,7)

"We use Melody Farm Pastured Free Range Eggs"

Melody Farm is a biodiversity award winning farm

in Bunratty County Clare

# Dromoland's Signature Breakfast

The Castle Breakfast Omelette Limerick ham, Hegarty's cheddar (3,7,12)

Vegetarian Breakfast Two fried eggs, grilled balsamic tomato, field mushroom, potato cake, baked beans, spinach (1,3,7)

'Shakshuka' Hass avocado, poached eggs, tomato, turmeric, chilli (3)

> Vegan 'Shakshuka' Hass avocado & fried tofu, tomato, turmeric, chilli

Eggs 'Bradán' Free-range scrambled eggs, Burren smoked salmon, soda bread toast (1,3,4,7)

# Rise & Shine

Rossini €25 Bucks Fizz €25 Champagne €24 Bloody Mary €19

# Hot Beverages

Dromoland Castle Rich Roast Coffee Blend
Dromoland Castle Breakfast Tea
Espresso-based coffees
Selection of herbal & fruit teas
Luxury hot chocolate with marshmallows

Morning time was Lady Ethel's favourite time of day. The adored the Walled Garden at Dromoland Castle and visited it daily. A mother of six children and wife of the Right Honowrable, Lucius, 15th Baron Incliquen, she could be found sipping tea in her orangerie while admiring the cartle's beautiful roses. A compassionate and shy lady, Ethel received a medal from Queen Elizabeth of Belgium in recognition of her care of refugees during World War 1. She and her husband brought electricity to the Cartle as well as the parish's first motor car. Both Lucius and Ethal delighted in their gerden, which they redesigned, with pillars, pergolas, terraces and paths. Lady Ethel wrote that has garden gave her so much joy that she didn't know what she would do without it. The Lady Inchiquin a magnificent clerry red tea rose is named in honour of Dromoland Cartle's beloved chatelaine.

