

## Gloss-ip: An Al Fresco Lunch At Dromoland Castle, Co Clare

## BY THE GLOSS

## The brand-new spa at Dromoland C

The brand-new spa at Dromoland Castle has joined forces with Irish luxury skincare brand Seabody. To celebrate this collaboration, a select group of guests joined Seabody cofounder Dr Helena McMahon for an al fresco lunch created by the hotel's popular Fig Tree Restaurant ...

Did you know the <u>Castle spa at Dromoland Castle</u>, Co Clare is the only one in the country to offer a Seabody Beauty and Wellness Spa Experience? This holistic treatment harnesses the power of marine-based nutraceuticals found in sustainably harvested ocean plants from Ireland's Atlantic coastline.



To celebrate this collaboration a select group of guests joined Seabody cofounder Dr Helena McMahon for an al fresco lunch created by the hotel's popular Fig Tree Restaurant.

Afterwards, each guest was treated to a signature Seabody Touch Facial. This rejuvenating treatment includes the use of *gua sha* facial massage techniques to boost circulation, support the lymphatic system and reduce muscle tension. The afternoon ended with afternoon tea in Dromoland Castle's Drawing Room which overlooks the hotel's magnificent lake and

manicured grounds.



Photographer: Katie Boner.