Morning time was Lady Ethel' favourite time of day. She adored the Walled Garden at Dromoland Castle and visited it daily. A mother of six children and wife of the Right Honowrable, Lucius, 15th Baron Incliquín, she could be found signing tea in her orangerie while admiring the castle's beautiful roses. I compassionate and shy lady, Ethel received a medal from Queen Elizabeth of Belgium in recognition of her care of refugees during World War 1. She and her husband brought electricity to the Castle as well as the parish's first motor car. Both Lucius and Ethel delighted in their gerden, which they redesigned, with pillars, pergolas, terraces and paths. Lady Ethel wrote that her garden gave her so much joy that she didn't know what she would do without it. The Lady Inchiquin a magnificent clerry red tea rose is named in honour of Dromoland Castle's beloved chatelaine.





Lady Ethel Jane O'Brien

Lady Inchiquin

1867 - 1940

Please Ask your Server

**Just Juice** Orange, Pink Grapefruit, Apple\*

**Dromoland Breakfast Smoothie** Red Berry, Banana, Citrus, Buttermilk (7)

# **Breakfast Tonics**

Super Green Detox Granny Smith, Celery, Kale & Cucumber (9)

Immune Booster Carrot, Orange, Lemon, Ginger & Turmeric (9)

From our Buffet

# **Breakfast Cereals**

Muesli Cornflakes, Weetabix, Bran Flakes, Granola, Coco Pops, All Bran, Rice Krispies (1,5,7,8)

'Overnight Oats' Bircher Muesli with Granny Smith, Berries & Buttermilk (1,5,7,8)

Traditional Irish Oatmeal Porridge Cranberry, Nuts & Estate Honey (1,5, 8,12)\*

### Fruit Pots

Grapefruit Panache, Estate Honey & Mint (13)

From our Buffet

### Fruit, Yoghurt, Nuts

Seeds, Fresh Seasonal Fruit Salad, Pineapple, Melon Panache, Apricots, Strawberries, Figs & Multi-Seeds Dried Fruits, Mixed Nuts, Probiotic Natural Yoghurt (1,7,8,12)

## **Gluten Free Section**

Chocolate Muffin, Fruit Muffin, Croissant, Danish, Multi-Seed Bagel, (Toast Available on Request)

**Irish Farmhouse Cheese** Hegarty's Cheddar, Gubbeen, St Kevin's Brie, Wicklow Blue, St Tola Curd (7)

Charcuterie Baked Ham, Pastrami, Coppa Salami, Chorizo & Pepper Salami (12)

**Burren Smokehouse** Burren Smoked Salmon, Mackerel, Hot Smoked Trout, Lemon, Capers (4,12)

### **Bakery Counter**

Butter Croissants, Pain aux Raisins, Pain au Chocolat. Irish Sourdough, Dromoland Fruit & Plain Scones, Brown Soda Bread. Banana & Pecan Bread Rack of Brown & White Toast (1,3,7,8)\*

\*served from our kitchen.

1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya Beans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide & Sulphates, 13- Lupin, 14-Molluscs



**Vegetarian Breakfast** Two Fried Eggs, Grilled Balsamic Tomato, Field Mushroom, Potato Cake, Spiced Pulse, Spinach (1,3,7,12)

**Mixed Pulse Shakshuka** Poached Eggs with Tomato, Turmeric & Chilli (3,12)

Vegan Mixed Pulse Shakshuka Fried Tofu with Tomato, Turmeric & Chilli (6,12)

**Buttermilk Pancakes** Mixed Berry Compote, Lemon & Pure Maple Syrup (1,3,7)

> 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya Beans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide & Sulphates, 13- Lupin, 14-Molluscs

From our Kitchen

# **Signatures Dishes**

We use Melody Farm Pastured Free Range Eggs. Melody Farm is a biodiversity award winning farm in Bunratty County Clare

# **Traditional Full Irish Breakfast**

Two Fried Eggs, Grilled Back & Streaky Bacon, Meere's Plain Pork Sausages, Meere's Black & White Pudding, Grilled Tomato, Field Mushroom, Potato Cake, (1,3,7,12)

### **Pan-Fried Fillet of Plaice**

Scrambled Eggs. Caper & Scallion Butter (1,3,4,7,12)

### French Toast

Mixed Berry Compote & Cinnamon Mascarpone (1,3,7)

### **Avocado Eggs Benedict**

Poached Eggs, Toasted Brioche, Crushed Avocado & Hollandaise (1,3,7,12)

## The Castle Breakfast Omelette

Pimento, Scallions & Hegarty's Cheddar Cheese (3,7,12)