## TO START — : —

Soup of the Day €8.50

With Sourdough

(1, 7, 9)

Wild Atlantic Way Chowder

Local Fish & Shellfish, Leek, Potato, Pea, Scallion, Soda Bread

(1, 2, 3, 4, 7, 14)

**Buttery Garlic & Chilli Prawns €19/27** 

Lemon, Parsley, Cannellini Beans, Paprika

(1, 2, 4, 7, 12)

**Galway Bay Smoked Salmon €19/27** 

Horseradish Cream, Capers, Beetroot, Brown Soda Bread

(1, 3, 4, 7, 12)

**St Tola Goats Cheese Flutes** 

Sweet Pickled Vegetables, Green Salad from Dorothea's Garden, Walnuts, Pumpkin Seeds (1, 7, 8, 10, 12)

# SALADS -

**Nourish & Nosh Bowl €17/22** 

Kale, Cucumber, Edamame, Cherry Tomato, Couscous, Avocado, Red Onion (1, 6, 12) (1) (1)

**Add €7** Chicken (7) | **€8** Salmon (4,7) | **€9** Prawns (2,7)

Watermelon, Olive & Feta Salad €17/22

Mint & Basil from our Herb Garden

(7, 12)

**Add €7** Chicken (7) | **€8** Salmon (4,7) | **€9** Prawns (2,7)

Any Dietary Requirements?

Please notify your server as can be modified.



### LIGHT BITES —

**Baked Avocado Pear** €18

Fennel, Saffron, Tomato, Butterbeans (8, 12, 13) 🕜 🕜

**Wild Forest Mushroom on Toast** €17

Sourdough, Pine Nuts, Rocket, Extra Virgin Olive Oil

(1, 8, 12)

€17

€17

## —PLANT POWERED —

**Roast Red Pepper** €26

Aubergine Pilaff, Wilted Baby Spinach, Roasted Tomato Jus

(12) 🕜 🕜

**Garlic Chilli Rice Noodles** €25

Garlic, Chilli, Pak-choi, Scallion. Stem Broccoli, Soy

(1, 6, 12) 🔞 🚺

**Butternut & Tofu Curry** €28

Lemongrass, Ginger, Chilli, Chutney, Coriander, Almond Rice, Naan

(1, 6, 8, 12) 0 0

**Add €7** Chicken (7) | **€9** Prawns (2,7)

## **SANDWICHES**

**XL Three Cheese Toastie** 

Hegarty's, Coolea, Gubbeen Cheese, Mustard, Red Onion, Gherkin, Sourdough, Sweet Pickle (1, 3, 7, 10, 12)

**Heritage Club Sandwich** 

Crisp Bacon, Roast Free-Range Chicken, Tomato, Lettuce, Smoked Onion Mayo, Bloomer Loaf (1,3,10,12)

# FAVOURITES — : — —

**Grilled Irish Angus Beef Burger** €26

Toasted Brioche Bun, Cheddar, Pickled Gherkin, Sriracha Mayo, Celeriac Slaw, Hand Cut Triple Cooked Chips & Baby Gem (1, 3, 7, 10, 12)

**Coastal Catch & Fries** 

Wild Hake Fillet, Dromoland Pale Ale Beer Batter, Mint Mushy Peas, Tartare Sauce, Lemon

(1, 3, 4, 10, 12)

**Clare Island Salmon Fillet** €34

Spring Vegetables, Baby Potatoes, Tarragon **Butter Sauce** 

(4, 7, 9, 12)

Fried Chicken & Waffles **€22** 

Crispy Fried Buttermilk Chicken, Spicy Maple Sauce (1, 3, 6, 7, 11, 12)

# MAINS -

**Grilled Irish Black Angus** €40 **Ribeve Steak** 

Red Onion, Flat Mushroom, Hand Cut Chips, Rocket & Gem, Green Peppercorn Sauce (7, 12)

Walled Garden Pappardelle

Garlic, Chilli, Pak-Choi, Scallion, Egg, Stem Broccoli, Soy

(1,3,6,12)

€19

€20

**Add €7** Chicken (7) | **€8** Salmon (4,7) | **€9** Prawns (2,7)

**Slow Cooked Irish Free-Range** €31 Chicken

Onions, Button Mushrooms, Tomato, Lardons, Parsley Mash (7, 12)

### SIDES -

House	Hand-Cut	Chips	€

**Buttered Mash (7)** €6 Sea Salt & Herb Fries €6

with Garlic Remoulade (3.10)

French Beans, Broccoli & Almond €6

**Walled Garden Green Salad** €6

with House Dressing (10, 12)

**€27** 

€25

#### From Farm to Fork

We proudly use the finest locally sourced produce to ensure every dish is fresh, flavourful and sustainably crafted.



Burren Smokehouse SALMON & TROUT Lisdoonvarna, Co. Clare

CS Fish MIXED SEAFOOD Doonbeg, Co. Clare

Star Seafoods MIXED SEAFOOD Killarney, Co. Kerry

Joe Melody Farm FREE-RANGE EGGS Bunratty, Co. Clare

Meere's Butchers SAUSAGES & PUDDING Ennis, Co. Clare

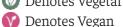
Pat O'Connor & Sons LAMB & PORK Limerick, Co. Limerick

Con Woods & John Millane HERBS, FLOWERS & SALAD Newmarket on Fergus, Co Clare



#### **Allergen Information**

Gluten Free Option Denotes Vegetarian



1. Cereals containing gluten

2. Crustaceans

3. Eggs

4. Fish Peanuts

Sovbeans

7. Milk

8. Nuts

9. Celery 10. Mustard,

11. Sesame Seeds

12. Sulphur dioxide and sulphites

13. Lupin

14. Molluscs

